

From the Principal

The sixth National Day of Action against Bullying and Violence is being held tomorrow Friday 18 March 2016. Our Student Representative Council planned some special activities on Wednesday that promoted building positive relationships within our Reflecting on the community. importance of friendships remembered this story that was written by Fay Owens in her column "Here's a Thought" in the Gladstone Observer several years ago.

Just up the road from my home is a field with two horses in it. From a distance, each looks like every other horse. But if you stop your car, or are walking by, you will notice something quite amazing. Looking into the eyes of one horse will disclose that he is blind. His owner has chosen not to have him put down, but has made a good home for him. This alone is amazing.

If nearby and listening, you will hear the sound of a bell. Looking around for the source of the sound, you will see that it comes from the smaller horse in the field. Attached to her halter is a small bell. It lets her blind friend know where she is, so he can follow her.

As you stand and watch these two friends, vou'll see how she is always checking on him, and that he will

listen for her bell and then slowly walk to where she is, trusting that she will not lead him astray. When she returns to the shelter of the barn each evening, she stops occasionally and looks back, making sure that her friend isn't too far behind to hear the bell.

Like the owners of these two horses, God does not throw us away just because we are not perfect or because we have problems or challenges. He watches over us and even brings others into our lives to help us when we are in need. Sometimes we are the blind horse being guided by the little ringing bell of those who God places in our lives. Other times we are the guide horse, helping others see. Good friends are like this. You don't always see them, but you know that they are always there. Please listen for my bell and I'll listen for yours. "Be kinder than necessary, for everyone you meet is fighting some kind of

BOMB THREATS

You would be aware that a number of schools in Queensland and interstate have been the subject of bomb threats in recent times. Police believe the majority of the calls have originated overseas and are designed to cause disruption and alarm.

Should such a threat be received, Chanel College has Critical Incident Management Procedures which would be implemented immediately. The safety of students and staff is always our first priority. In the case of a bomb threat, students would be evacuated from buildings to safe areas. Students and staff take part in drills each year to practise this or similar scenarios.

For the safety of the entire Chanel College community, it is essential that these procedures are followed through to their completion. If parents attempt to enter the College site and collect their children during an evacuation, then the safety of all in the College community can be compromised. Because of this, Chanel College requests that in the case of our Critical Incident Management Procedures being instigated, parents allow the College to follow the procedures, as the safety of all members of the College community is paramount.

Should such a situation arise, Chanel College will follow the directions of Police at all times and endeavour to contact parents by SMS to alert you to the

Please be assured that Chanel College will always take any such threats seriously and do everything in our power to ensure the safety of all members of our College community.

CHAPEL

The School Chapel in Senior Wing (now McAuley Wing) was completed in 1983. The first Mass open to the full Parish was held on Champagnat Day, 6 June 1983. The Sanctuary equipment (pictured below) was designed by Nickolaus Seffrin of Brisbane who also designed the Mater Hospital Chapel. College Archives

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battle".





Good News

Kath Hore - Mission & RE Support Officer

Project Compassion

Project Compassion continues with the total to date being \$1562.40

Please encourage your child to contribute to this Appeal which supports aid and development programs around the world and helps to build a better life for the poorest of the poor.

Only one week to go to reach our target of \$3000.00. Let's work together to reach this total!

Fifth Week of Lent - Project Compassion - Sreymom's Story

Sreymom, now 26, lives in the remote Mondulkiri province of Northeast Cambodia, where extreme poverty has led to many health issues for the region's indigenous population.

When she started work at the local Health Centre, Sreymom was eager to use her three years of midwife training to help care for indigenous mothers and children in the surrounding villages. But soon she realised she lacked the practical experience she needed to safely assist in childbirth. "When I had to assist a delivery," Sreymom recalls, "my body and knees were trembling. I was sweating and losing confidence." Seeing Sreymom's difficulties - and her true potential – a local healthcare worker helped Sreymom to enroll in the Mondulkiri Community Health Program. Established by Caritas Cambodia and supported by Caritas Australia, the program empowers and trains local health centre staff in pre- and post-natal care, safe delivery practices and children's health.

The course not only improved Sreymom's skills as a midwife, but also gave her information on broader health issues, which she could take back to the indigenous women in her community.

These days, Sreymom delivers one or two babies each month and is trusted by the indigenous community. "If we did not have the program, more pregnant women would face death," Sreymom says. "I hope Australian people will support my communities more in building awareness in healthcare, hygiene, nutrition and sanitation."

Celebrating the Death and Resurrection of Jesus ...

All are invited to the Chanel Easter Celebration commencing at 9.00 am next Thursday 24 March. Sheets and towels make wonderful costumes to add to the atmosphere.

Lenten Program

The Chanel Lenten Group meets each Wednesday, at 3:35 pm in the College Library. All are welcome to attend.

Year 10 Retreat

Year 10 Students will be attending their Retreat at Tanyalla Conference Centre, Tannum Sands during Week 4 of next term

This retreat which is a compulsary College activity, offers the opportunity to reflect and develop relationships with their peers, family, self and God.

There will be two retreats as follows –

Retreat One, 3 and 4 May -All students in Marcellin and Futuna and students with surnames beginning A-H in McAuley.

Retreat Two, 5 and 6 May - All students in MacKillop and Stella Maris and students with surnames beginning N to W in McAuley.

Students have been asked to check work rosters and other commitments so they are available to attend retreat with their allocated group.

Permission letters will be distributed in Week 1 of next term.

Please Pray for ...

- A peaceful resolution for the political unrest in the Middle Eastern countries and the ceasefire will become permanent.
- People to be open and generous to Project Compassion.
- Students as they prepare for their end of term exams and assessments.
- People from our community who are unwell or recovering from recent surgery.

Praise and Thanks for...

- All people, especially past students of Chanel, who are working in our world to ensure that justice and peace prevail.
- The support given to a successful Easter Appeal.
- The many workers who have been constructing and renovating our nearly completed buildings at Chanel.

If you have any requests for either of the above prayers, please leave your request at the Office.

Second Hand Uniform Outlet

The Second Hand Uniform 'outlet' is open each Wednesday in the RE Resource Room during 1st break. If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass
Thursday 24 March – NO MASS –
EXAM WEEK

Message from the Assistant Principal Pastoral Support & Planning - Alison Wales

BULLTING. NO WAY!

www.bullyingnoway.gov.au



Tips for students

Bullying what can you do?

If it happens in person:

ignore them

tell them to stop and then walk away

pretend you don't care

go somewhere safe

get support from your friends.

If it happens online:

avoid responding to the bullying

block and report anyone who is bullying

protect yourself online use privacy
settings and keep records.

If you see someone being bullied online

leave negative online conversations don't join in

support others being bullied.

If it doesnt stop:

talk to an adult (parent, teacher) who can help stop the bullying

keep asking for support until the bullying stops.



Need help?

Kids Helpline www.kidshelp.com.au 1800 551 800

Headspace www.headspace.org.au

1800 650 890

Online bullying www.esafety.gov.au

National Day of Action against Bullying and Violence

Friday 18 March



CORRECTION Last week's newsletter published the incorrect winner of the Trash Fash. The winners were MacKillop House. **Congratulations to MacKillop House** for your outstanding Costumes.



NRG comes to NRG comes to CHANEL COLLEGE

Queensland

On Friday 11 March, NRG employees Rohan Parker and Russell Jurgensen came to Chanel as part of a QMEA supported Career Café. Both Rohan and Russell spoke to the Yr 12 Physics students about power generation here at Gladstone, different types of power generation and the influence of Solar Power over the last 30 years. It was very informative and interesting to hear what qualifications each speaker had, where they went to university and what they currently do at the power station. Shown here are photographs of Rohan and Russell in class.

Mr Fisser - Curriculum Leader for Science and Digital Technology



The Chanel College Girls Choir had their very first performance of 2016 this week, and it was a big one! The P&O Cruise ship docked on Thursday morning at 7am sharp, an extra early start for the choir. The 1,500 plus passengers that disembarked and local Gladstone community were entertained by the Choir while walking through the markets. The girls sang 7 pieces, ranging in styles from Musical Theatre to Latin plainchant, singing with great confidence. Thank you to the parents and other family members who came to support the girls at this event. Thanks also to Mrs Chapman and Miss Barbagallo for their assistance in the morning and an extra big thank you to our fantastic groundsmen who transported the equipment to and from the venue.

The girls did a magnificent job and were excellent ambassadors for the school and for the

Gladstone region. They should be extremely proud of their

fabulous efforts.



Woolworths and Earn & Learn Program

Last year many parents at Chanel donated their Earn and Learn stickers to the College and as such we were very lucky to receive four multimeters and two Arduino Board kits for the Science

and Digital Technologies Department. Over 15 000 schools participated in the program sponsored by Woolworths. On Monday 14 March, the Manager of Woolworths, Kin Kora, Darren Tracey presented to David Fisser (Curriculum Leader for Science and Digital

Technology) a box containing all the equipment.

This equipment will complement and further enhance the current equipment for Digital Technology. The new eLearning Curriculum Leader at the College, Mr Andrew McCaskill was also delighted with the new acquisition

which will be used by the Year 8 and Year 9 students. Shown here is Darren Tracey presenting the box of equipment to David Fisser and Mrs Lorraine Johnson.



Interhouse Cross Country Wednesday 20 April 2016

Uniform: Students must wear the College Sports Uniform with their House Shirt and College hat.

Competitive runners are welcome to wear a different hat, cap or visor, running shorts or tights and running shoes. However, you must change into these items at 12.20 pm before leaving Chanel and then back into full sports uniform before afternoon PC time.

If you have any questions or concerns or would like to discuss different clothing please see Miss Kickbusch ASAP.

Period 1 – 3 Classes as per usual. Food will only be available from the Tuckshop at 1st Break.

Race Records

| Age | Name | Time (New Record) | House |
|-------------|------------------------------|-------------------|--------------|
| U' 12 Bovs | Thasindu Chandusakara (2015) | 18.20 | Stella Maris |
| U' 12 Girls | Sophie Duff (2015) | 20.18 | McAulev |
| U' 13 Bovs | Will Mathison (2015) | 15.30 | Marcellin |
| U' 13 Girls | Maddelyn Randazzo(2010) | 18.37 | Futuna |
| U' 14 Bovs | Tallis Stanhope (2015) | 15.12 | Futuna |
| U' 14 Girls | Lindsay Mathison (2012) | 17.43 | Marcellin |
| U' 15 Bovs | Blake Kennedy (2009) | 15.22 | Stella Maris |
| U' 15 Girls | Matilda Lodder (2012) | 17.34 | Marcellin |
| U' 16 Bovs | Justin Cridland (2013) | 14.48 | Futuna |
| U' 16 Girls | Sophie Moran (2009) | 17.26 | Futuna |
| Open Bovs | Dylan Smith(2011) | 14.46 | Stella Maris |
| Open Girls | Sophie Moran (2010) | 18.03 | Futuna |

OVERALL COURSE RECORD: BOYS- Dylan Smith 14.46
GIRLS- Sophie Moran 17.26

Port Curtis Representatives

Rachel Crawford-McConville successfully made the 19 Girls Port Curtis Soccer team. She competed with the team at the Capricornia trials on Tuesday 15 March. We hope the girls and boys from Chanel have a successful carnival.

Interschool Volleyball

Our Year 7/8 Mixed volleyball team have played their final week of the Interschool Volleyball competition. This team defeated the opposition in Week 7 winning 3 out of 3 games. The last round and finals were held on Tuesday of this week — so keep an eye out in next week's newsletter for the results. Good luck team and thank you to the coach, Mr Carseldine for coaching the team.





health & physical education Kerrie Lisle HPE Curriculum Leader in action at Chanel College

TERM 1 - 2016

My name is Mrs Kerrie Lisle and I am the HPE Curriculum Leader of Chanel College. I would like to take this opportunity to congratulate all the Chanel College students and HPE Departmental teachers on a great start to 2016. We have had the opportunity to be a part of some wonderful sporting performances and have already seen a great display of sportsmanship across Chanel College.

Health and Physical Education offers experiential learning, with a curriculum that is relevant, engaging, contemporary, physically active, enjoyable and developmentally appropriate. Integral to Health and Physical Education is the acquisition of movement skills, concepts and strategies that enable students to confidently and competently participate in a range of physical activities.

In Health and Physical Education students develop the knowledge, understanding and skills to help them to be resilient, to develop a strong sense of self, to build and maintain satisfying relationships, to make healthenhancing decisions in relation to their health and physical activity participation, and to develop health literacy competencies in order to enhance their own and others' health and wellbeing.

Chanel College Middle School HPE teachers have engaged students in a variety of physical performance activities that have included: Newcombe Ball, Softball, Swimming, Fitness, Netball, Cultural Games, Capture the Flag, Rugby Union, Cricket, European Handball, Ultimate Frisbee. Teachers have imparted their knowledge of theory focusing student learning on the following content: Being Healthy, Swimming for Survival, Getting Physical, Surf Life Saving, Health & Illness in Australia, Being Part of a Team, Nutrition, Examining Relationships and Human Anatomy.

Chanel College Senior PE teachers have enhanced Year 11 & 12 students Volleyball skills through a variety of open and closed drills as well as developing game play strategies and team work. Students have incorporated their practical learning experiences with their theory knowledge and understanding of motor learning through the constructivist approach stages of learning and the factors affecting skill acquisition and motor development. In Recreation classes, the Year 11 students have been undertaking weight & cardio training, while the Year 12 students have focused more on Gym Fitness and Nutrition.

We in the HPE Department strive to enable our students to achieve their sporting and academic potential by providing challenging and exciting learning opportunities within a supportive, caring and fun learning environment.

We are looking forward to a great year.











Notices

School Fees

School Fees were due last Friday 11 March 2016. If you are having any difficulties in paying please contact the finance office.

Finance Officer: Leigh Clarke

Phone: 4973 4711

Email: finance@chanelcollege.qld.edu.au



upcoming events

Week 8

Fri 18 March

 National Day Against Bullying & Violence

YEAR 11-12 EXAMS

Week 9

YEAR 7-12 EXAM WEEK

Thur 24 March

• Easter Liturgy Periods 1 & 2

Term 1 Concludes



Term 2 Resumes 11 April 2016

ELECTION DAY - 19 March

During the voting on Election Day, Chanel College will be holding a BBQ at the Marian Centre from 8.00 am - 2.30 pm.

The BBQ is to raise funds for the East Timor people . Also selling are tickets in a Thermomix Raffle which will be \$20 a ticket for a 1 in 200 chance of winning a Thermomix.

Costs will be \$2.00 for sausage sizzle & \$2.00 for softdrinks

Kin Kora Intersection Upgrade

You may have noticed this week that the new bus stops and surrounding footpaths have been opened.

Over the next ten days we will continue with road surfacing works, constructing footpaths and putting signage in place, weather permitting.

There will be a slight change to our work curfew hours between Saturday 19 March and Wednesday 23 March, works will occur from 7.00 pm to 5.30 am rather than the current 9.00 pm-5.00 am.

Once again we appreciate your ongoing patience and support as we complete the road upgrade.